



# Galloway Township Middle School

## November 2017





**On the Menu for Breakfast: (Cost: \$2.25 Full Pay or 30¢ Reduced)**

<b>Monday</b> Assorted Fruit Frudel	<b>Tuesday</b> Bageler	<b>Wednesday</b> WG Super Cinni Bun	<b>Thursday</b> Egg & Cheese Sandwich	<b>Friday</b> Mini Pancakes
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*Or Assorted Whole Grain Cereal Bowl/Bar or Yogurt with assorted Skim Milk, Fruit & Juice*

**On the Menu for Lunch: (Cost: \$3.75 Full Pay or 40¢ Reduced; NOTE: Menu Subject to Change)**

**NEW! Find the Nutritional Facts for all our items at [www.gtps.k12.nj.us/foodservice/nutrition.htm](http://www.gtps.k12.nj.us/foodservice/nutrition.htm)**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>The Healthy Hunger Free Kids Act 2010</b> This menu meets all Child Nutrition Regulations but is subject to change due to delivery difficulties. Juice will be offered two days a week to comply with the 50% rule. Students are required to have a fruit or vegetable on the breakfast and lunch tray.</p>		1 Gr. Ham & Ch on Pretzel Bun OR Turkey & Cheese Sandwich Cheese Pizza OR PB & J Steamed Carrots Mandarin Oranges Chocolate .5% OR White .5% Milk	2 Chick. Patty OR Italian Hoagie *Hot Dog OR PB & J Baked Fries Pineapple OR Juice Chocolate .5% OR White .5% Milk	3 Fr. Bread Pizza OR Ham & Ch. *Hot Dog OR PB & J Garden Salad Apple Slices Chocolate .5% OR White .5% Milk
6 Meatball OR Turkey & Ch. SW Pizza OR PB & J Green Beans Peaches <b>Happy Birthday Treat</b>	7 Chick Tenders OR Turkey SW *Hot Dog OR PB & J Mashed Potatoes Pears OR Juice Chocolate .5% OR White .5% Milk	8 Nachos Grande OR Turkey SW Cheese Pizza OR PB & J Corn Fruit Cocktail Chocolate .5% OR White .5% Milk	9 <b>SCHOOLS CLOSED</b> <i>NJEA Teachers Convention</i> 	10 <b>SCHOOLS CLOSED</b> <i>NJEA Teachers Convention</i>
13 Popcorn Chicken OR Turkey Cheese Pizza OR PB & J Broccoli w/ Cheese Sauce Applesauce Chocolate .5% OR White .5% Milk	14 Bacon Cheeseburger OR Tuna *Hot Dog OR PB & J Baked Fries Peaches OR Juice Chocolate .5% OR White .5% Milk	15 Chicken Patty OR Turkey & Ch. Cheese Pizza OR PB & J Corn Mandarin Oranges Chocolate .5% OR White .5% Milk	16 <b>Holiday Meal</b> Turkey, Mashed Potatoes, Green Beans, Stuffing, Cranberry Sauce, Pumpkin Pie Juice and Milk	17 Stuf Crust Pizza OR Ham & Ch *Hot Dog OR PB & J Romaine Salad Mixed Fruit Chocolate .5% OR White .5% Milk
20 Chicken Tenders OR Turkey SW Cheese Pizza OR PB & J Steamed Carrots Pineapple Chocolate .5% OR White .5% Milk	21 Grilled Cheese OR Tuna SW *Hot Dog OR PB & J Tomato Soup Peaches OR Juice Chocolate .5% OR White .5% Milk	22 Chicken Nuggets OR Turkey & Cheese SW Cheese Pizza OR PB & J Corn Pears Chocolate .5% OR White .5% Milk <b>EARLY DISMISSAL DAY</b>	23 <b>SCHOOLS CLOSED</b> <i>Thanksgiving Break</i> 	24 <b>SCHOOLS CLOSED</b> <i>Thanksgiving Break</i>
27 *Bdwalk Corn Dog OR Turkey Cheese Pizza OR PB & J Green Beans Peaches Chocolate .5% OR White .5% Milk	28 Fr. Toast Sticks w/ *Sausage OR Tuna Sandwich *Hot Dog OR PB & J Hash Brown Pineapple OR Juice Chocolate .5% OR White .5% Milk	29 Cheese Steak OR Turkey SW Cheese Pizza OR PB & J Baked Fries Mixed Fruit Chocolate .5% OR White .5% Milk	30 Chicken Patty OR Italian Hoagie *Hot Dog OR PB & J Corn Apple Slices OR Juice Chocolate .5% OR White .5% Milk	

**Available Daily: Fresh Fruit Basket, Veggie Dippers, & assorted skim milk. Students must have a fruit or vegetable on their lunch tray!**

*Information on current account balance is available by calling the cafeteria of your child's school.*

New PayPams options for credit card transactions: [www.gtps.k12.nj.us/foodservice/main.htm](http://www.gtps.k12.nj.us/foodservice/main.htm)

**Negative balance policy:** If \$50 or more is owed, a basic lunch will be provided. Students will not be able to charge breakfast or snacks, either.

**Questions? Contact Robbin Remster, Food Service Director: 609-748-1250, ext. 5046 or 5047**

*We Are Hiring Substitutes! Apply at the BOE office. This institution is an equal opportunity provider and employer.*